



## **WORKSHOPS AND SCHOOL TRIPS**

A few steps from points of historical, cultural and natural interest, such as Verona, Lake Garda and Valpolicella, Gabanel is the ideal place to fully experience the area.

It also offers comfortable, convenient and adaptable accommodation options to suit different needs.

# GABANEL BIKE HOSTEL

## THE HOSTEL

### ROOMS

Gabanel has 4 rooms for a total of 17 beds (with the possibility of adding cots for up to 14 beds)

- ROOM WITH 6 BEDS (bunk beds)  
+ shared external bathroom

- SINGLE/DOUBLE ROOM  
+ private external bathroom

- QUADRUPLE ROOM  
+ private internal bathroom

- ROOM WITH 5 BEDS  
+ private internal bathroom

### LARGE COMMON SPACES

The hostel spaces are designed to create a family and group atmosphere

- self-managed kitchen
- living room with armchairs, sofa, TV, large table
- garden with porch and tables
- pool
- internal lounge on the lower floor
- tavern with tables and games

### OTHER SERVICES

- parking (max 10 parking spaces)
- towels on request
- laundry on request
- bike room for storing bicycles and small tools
- audio and video system



# GABANEL BIKE HOSTEL

## OPTION 1



**TOPIC: LEGALITY AS A SOCIAL VALUE**  
a hostel that comes to life after confiscation



### N. PARTICIPANTS

Min. 17 - max. 24  
Including companions



### QUOTE

Starting from €77.00 per person in winter  
Starting from €79.00 per person in summer

\*Participation fees refer to the minimum number of participants (17) and will be rescheduled for different numbers

## DAY 1

### MORNING

Arrival at the station in Verona and transfer to Gabanel (transport to be defined)

### AFTERNOON

Visit to the hostel with explanation of its history and characteristics + laboratory on legality

### EVENING

Italian style cooking class together with Hermete's "QB" project (dinner included)

Other proposed activities: board games led by our educators / murder mystery dinner / film club on the theme of travel / free time

Alternative for dinner: dinner in the hostel or at a farmhouse 350 meters from the hostel

## DAY 2

### MORNING

Breakfast in the hostel and departure for Verona

Guided tour of Verona with an expert guide from Planet Viaggi\*\*\*

\*\*\*ON REQUEST: possible possibility of walking from Verona to Gabanel Bike Hostel along the Adige and canal with an environmental guide from CaminEmo - our partners who will explain the area OR by bike along the Biffis canal)

Alternative: by bike! Visit to a company / educational company selling typical local products near Lake Garda and then a ride to Peschiera (our partner collects the bikes there)

## INCLUDED SERVICE

- 1 night's accommodation in shared mixed rooms (hostel)
- 1 breakfast
- 1 dinner
- Visit to the hostel with explanation of the principles of responsible tourism and design for all
- Workshop on the issue of legality in confiscated property
- Cooking Class (Italian cuisine) with dinner included for participants
- Tourist guide for visiting Verona

## NON INCLUDED SERVICES

- City tax
- Drinks extra
- Transports extra



# GABANEL BIKE HOSTEL

## OPTION 2



### TOPIC: SUSTAINABLE MOBILITY

We discover the area responsibly, using the most eco-sustainable means we know: our feet and the bicycle



### N. PARTICIPANTS

Min. 17 - max. 24

Including companions



### QUOTE

Starting from €177.00 per person in winter

Starting from €173.00 per person in summer

\*Participation fees refer to the minimum number of participants (17) and will be rescheduled for different numbers

## DAY 1

### MORNING

- Arrival at the station in Verona with possible reservation of our shuttle for baggage recovery
- Walk from Verona to Gabanel Bike Hostel following the course of the Adige river, together with an environmental guide from CaminEmo who will accompany the group with the story of the territory  
(Alternative: transfer by means to be defined)

### AFTERNOON

Arrival in Gabanel and free time

### EVENING

Dinner in the hostel or at the "Girelli Nello" farmhouse a few meters from the hostel

Proposed evening activities: cooking class with the Hermete "QB" project group, board games led by our educators/crime dinner/cinema forum on the theme of travel/free time

## DAY 2

### MORNING

- Visit to the hostel with explanation of its history and characteristics + workshop on responsible tourism
- Lunch in the hostel

## AFTERNOON

- After lunch, visit to an educational company with typical local products near Lake Garda
- Bike tour from Gabanel to Lazise (cycling guide is not included)

## EVENING

Dinner in the hostel or at the “Girelli Nello” farmhouse a few meters from the hostel

Proposed evening activities: cooking class with the Hermete “QB” project group, board games led by our educators/crime dinner/cinema forum on the theme of travel/free time

## DAY 3

### MORNING

- Departure for Verona (transport to be agreed, scheduled bus recommended)
- Guided tour of Verona with an expert guide suggested by Planet Viaggi
- Departure (transport to be agreed, train from Porta Nuova station recommended)

## INCLUDED SERVICE

- 2 nights accommodation in shared mixed rooms (hostel)
- 2 breakfasts
- 1 lunch
- 2 dinners
- environmental guide for walking from Verona to Gabanel
- Visit to the hostel with explanation of the principles of responsible tourism e of design for all
- Laboratory on the topic of responsible tourism
- Independent visit to an educational honey farm (beekeepers) in Colà di Lazise with tasting and then tour of Lazise by BICYCLE (cycling guide is not included)
- City bike for a day
- Cooking Class (Italian cuisine) with dinner included for participants
- Evening activity with board games led by our operator
- Tourist guide for visiting Verona

## NON INCLUDED SERVICES

- City tax
- Cycle tour guide to accompany you by bike to the educational company
- Extra drinks
- Extra transportation

# GABANEL BIKE HOSTEL

## OPTION 3



### TOPIC: RESPONSIBLE TOURISM

We discover the area in a responsible way, coming into contact with the local people and traditions, with a kind approach towards the local community



### N. PARTICIPANTS

Min. 17 - max. 24

Including companions



### QUOTE

Starting from €235.00 per person in winter

Starting from €240.00 per person in summer

\*Participation fees refer to the minimum number of participants (17) and will be rescheduled for different numbers

## DAY 1

### MORNING

- Arrival at the station in Verona with possible reservation of our shuttle for baggage recovery
  - Walk from Verona to Gabanel Bike Hostel following the course of the Adige river, together with an environmental guide from CaminEmo who will accompany the group with the story of the territory
- (Alternative: transfer by means to be defined)

### AFTERNOON

Arrival in Gabanel and free time

### EVENING

Dinner in the hostel or at the "Girelli Nello" farmhouse a few meters from the hostel

Proposed evening activities: cooking class with the Hermete "QB" project group, board games led by our educators/crime dinner/cinema forum on the theme of travel/free time

## DAY 2

### MORNING

- Visit to the hostel with explanation of its history and characteristics + workshop on responsible tourism
- Lunch in the hostel

## **POMERIGGIO**

- Visita a piedi di una azienda didattica e dei prodotti tipici del territorio (es. Agespha e marmellata oppure Colle D'Oro e olio)
- Tempo libero

## **SERA**

Cena in ostello o presso l'Agriturismo "Girelli Nello" a pochi metri dall'ostello

Attività serali proposte: cooking class con il gruppo del progetto "QB" di Hermete, giochi da tavolo guidati da i nostri educatori/cena con delitto/cineforum sulla tematica del viaggio/tempo libero

# DAY 3

## **AFTERNOON**

- Walking tour of an educational company and typical local products (e.g. Agespha and jam or Colle D'Oro and oil)
- Free time

## **EVENING**

Dinner in the hostel or at the "Girelli Nello" farmhouse a few meters from the hostel

Proposed evening activities: cooking class with the Hermete "QB" project group, board games led by our educators/crime dinner/cinema forum on the theme of travel/free time

# DAY 4

## **MORNING**

- Departure for Verona (transport to be agreed, scheduled bus recommended)
- Guided tour of Verona with an expert guide suggested by Planet Viaggi
- Departure (transport to be agreed, train from Porta Nuova station recommended)



## INCLUDED SERVICE

- 3 nights accommodation in shared mixed rooms (hostel)
- 3 breakfasts
- 2 lunches
- 3 dinners
- environmental guide for walking from Verona to Gabanel
- Visit to the hostel with explanation of the principles of responsible tourism and design for all
- Laboratory on the topic of responsible tourism
- Independent visit to an educational fruit or oil company with harvesting/tasting experience on foot
- Independent visit to an educational honey farm (beekeepers) in Colà di Lazise with tasting and then tour of Lazise by BICYCLE (cycling guide is not included)
- City bike for a day
- Cooking Class (Italian cuisine) with dinner included for participants
- Evening activity with board games led by our operator
- Tourist guide for visiting Verona

## NON INCLUDED SERVICE

- City tax
- Cycle tour guide for accompaniment by bike/on foot in educational companies
- Extra drinks
- Extra transportation

# COMPLETE YOUR PACKAGE

## CHOOSE ACTIVITIES AND SERVICES

### LABORATORIES

- visit to the hostel with history and details
- laboratory on legality with HERMETE or LIBERA (3 h)
- responsible tourism workshop with MLAL (3 h)
- workshop on the figure by the tour operator with HERMETE (3 h)

### ACTIVITIES WITH THE REALITIES OF THE TERRITORY

- Visit to the Girelli farm - ON FOOT (less than 1 km)
- Visit to an educational company + jam/juice/oil production workshop (Agespha, Colle D'oro, Bacan) - BY BIKE (about 10km in total)
- Visit to an educational company + sensory experience with bees and honey (Morati Colà) - BY BIKE (about 30km in total)
- Visit to the winery - ON FOOT (about 6 km in total)

### EXTRA ACTIVITIES

- Gabanel swimming pool
- Visit to Verona (20 min for the stop on foot + 1 h by bus)
- Walk from Verona to Gabanel
- From Gabanel to the Garda Lake by bike
- Visit of Lazise at Lake Garda (20 min for the stop on foot + 30 min by bus)
- Sailing experience with the Brenzone Nautical Club

### EVENING ACTIVITIES

- Board games organized by the Hermete Cooperative
- Crime dinner
- Film club

### SERVICES

- meals provided by the Nello Girelli farmhouse
- meals provided by our BICI GRILL
- shuttle for luggage transport Verona-Gabanel
- transport organization to be agreed



# GABANEL BIKE HOSTEL FOR SCHOOLS

**For info and booking**  
**[viaggiresponsabili@planetviaggi.it](mailto:viaggiresponsabili@planetviaggi.it)**

The school trips were created by Gabanel in collaboration with Planet Viaggi within the "Kairos" project

The workshops are managed by educators from the Hermete Social Cooperative

The project is financed by the Cariverona Foundation

